

GR!ASP

GIRLS ROCK! DC AFTER-SCHOOL PROGRAM

Girls Rock! DC has been providing quality music enrichment programs for DC's youth for 15 years.

Girls Rock! DC After-School Program (GR!ASP) is a six-week in-person after-school music education program for young folks ages 8 to 18 in the DC area. GR!ASPers learn to play an instrument, form a band, write an original song, and perform it at a big concert! GR!ASP is hosted at DC schools and can be customized to fit the host school's needs.

ABOUT GIRLS ROCK! DC

Girls Rock! DC works at the intersection of art and activism, providing music programs for young people to learn, grow, and use the power of their communities. With 15 years of experience providing quality music education programs, we foster a supportive, inclusive, and equitable space that centers girls and non-binary youth, especially Black and Brown youth. Girls Rock! DC bolsters leadership, self-expression, and a passion for social change through creative collaboration and community power-building. We are a registered 501(c)3 nonprofit and we host summer camps, workshops, after school programs, and more in Washington, DC.

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Here's what participants can expect at GR!ASP:

- Get an instrument of your very own to use at school during the program.
- Learn to jam on electric guitar, groove on electric bass, kick it on keys, sing like a diva, or rock out on drums from local DC musicians.
- Receive tailored, small-group in-person instruction by local music instructors.
- Form a band with your fellow GR!ASPers and collaboratively write an original song.
- Hear from DC musicians, organizers, and creatives about how they do what they love and connect art to activism.
- Spend quality time in workshops and conversation with other rad folks like you.
- Perform on stage with your new band at a live show for a real audience.

SAMPLE GR!ASP SCHEDULE

GR!ASP is held in-person once or twice per week after school. Most sessions are six weeks long, and this can be customized based on the school's needs. Each lesson period is 1.5-2 hours. Here's an example of a schedule.

On Tuesday after school from 3:30-5:30pm, you'll have instrument lessons. You'll receive tailored small group instruction from a local DC musician on electric guitar, electric bass, keyboard, vocals, or drums. Instrument instruction sessions focus on building technical skills, confidence, and music appreciation.

On Thursday after school from 3:30-5:30pm, you'll have workshops and then band practice. Workshops bring together music, art, and activism, and help connect GR!ASPs into opportunities to express themselves and participate in their community. Workshops focus on different aspects of music appreciation and community engagement, and are led by local musicians and activists. After the workshop, you'll have Band Practice! You'll meet with 3-5 of your peers to form a band and write original music together, supported by your personal Band Coach. Band practices emphasize collaboration, leadership, and creative expression.

At the end of the session, we'll have a show! You'll set the stage, rehearse, and jam out like a real rock star at a live performance for all your friends and family either at your school or at a local music venue.

CUSTOMIZED TO YOUR NEEDS

GR!ASP is a bespoke program customized to the host school's needs! Session length, days, lesson length, participant grades, and program theme can all be adapted.

Girls Rock! DC provides all instructors, program administration, and materials, including instruments.

The school host provides the physical space for the program (a minimum of 3 classrooms plus storage for program equipment) and coordinates participant enrollment (minimum 20 students per session).

PROGRAM COSTS

GR!ASP is co-funded by Girls Rock! DC and the school host, so there is no cost to students. Costs to the host school will vary based on program length, participant numbers, and program scope. A six-week session for 20 students with two 1.5-hour lessons per week will cost the host school \$6,000, for example. Girls Rock! DC is experienced in working with school hosts to explore creative funding opportunities, like grants, multi-school enrollment, and corporate sponsorships. Interested in learning more about GR!ASP?

[Email today!](#)

Want to bring GR!ASP to your school?
Contact info@girlsrockdc.org today!

